

E.D.G.E sessions

Empower, Develop,
Grow and Evolve your
team with a full-day
corporate retreat.

Jo Surkitt and the Go Ride A Wave team come together to deliver Geelong and the Surf Coast's premier corporate package.

Choose from our range of fun and memorable activities and let us take care of the rest.



Jo Surkitt Workplace Leadership & Wellness Facilitator

Jo delivers powerhouse workshops that elevate team wellbeing, leadership capability, and workplace culture.

Key Focus Areas:

- Safer Workplaces: Managing Psychosocial Hazards
- Work-Life Balance & Lifestyle Load
- Building Positive, Connected Teams

Interactive Sessions Include:

- Mindfulness & Nervous System Tools
- Nature-Based Wellbeing Activities
- Sound Healing & Breathwork
- Energize & Recharge Workshop



Go Ride A Wave Outdoor Experience Provider

Delivering exceptional experiences for over 35 years, Go Ride A Wave has a range of activities to get your group outdoors, active and inspired.

- Surfing
- Stand Up Paddleboarding
- Kayaking
- Team Challenge
- Beach Olympics
- Raft Regatta

Jo Surkitt

In partnership with



AUSTRALIA'S FAVOURITE SURF SCHOOL